

### **E-NEWSLETTER**

JUNE 2022 VOLUME 12 NUMBER 2

#### FOCUS SPRING 2022 NEWSLETTER NOW AVAILABLE ON OUR WEBSITE



#### Peer-reviewed study shows the benefits of Westside's model of HIV care in pregnancy

People facing multiple obstacle can have positive healthcare outcomes if adequate resources are in place, according to a study a Westside Clinic focused on humar immunodeficiency virus (HIV) and prenatal care.

"This study shows the people ware caring for face a lot of barrier but if they are given the rigil support, they can be successful explains Kali Gartner, a physicia at Westside and the preceptor fithe then-medical student/no physician, McKayla Cozart, who le the research project.



"What is really unique about the work we're doing at Westless, within primary care, we're's bringing expertise as bringing expertise as bringing expertise as bringing expertise as partnering with obstetricians an infectious diseases specialists an embedding addiction medical addiction medical content of the properties of the propertie

"This is a real example of hos the Community Clinic respond to the community and provide the flexibility for clinic staff to ge extra training in an area and hav

Gynaccology Canada included 55 HIV positive women over 10 years who sought prenatal care at Westside for their initial pregnancy. None of the mons transmitted HIV to their bables. This compares to six cases of mom-to-baby transmission in Saskatchewan and 62 in Canada during the same time.

The research showed primary health care teams lik Westside can provide high quality prenatal care to wome living with HIV, demonstrated by high anti-retroviru uptake, lower HIV viral loads at time of delivery and n

"It was really striking how we were able to show, even with our limited data, a relationship between women that had some kind of stable housing and being able to more quickly achieve an undetectable HIV viral load," says Gartner,

Gartner credits a few things for the positive results – the collective strength and resilience of people living with HTV supports that address the social determinants of health like housing, and primary care teams working in collaboration with a said-like support of the control of the contr

Westside's model for the provision of HIV care in pregnanc is different than most services in other parts of Canada which are usually located in a tertiary centre with dedicate resources and led by specialists, she saws.

The study was funded by a University of Saskatchewan (USask) College of Medicine program allowing students to be introduced to research and connected to preceptors in the community with project ideas.

# ANNUAL GENERAL MEETING Commonity Health Services (Suskathean) Association ted. Virtually over Zoom WEDNESDAY, JUNE 15, 2022 at 6:30 p.m. Registration required by

#### Stories include:

- Peer-reviewed study shows the benefits of Westside's model of HIV care in pregnancy
- CHSA board of directors annual report
- Executive director annual report
- Sparking interest in co-operatives
- Reconciliation reading list

**FOCUS SUMMER 2022** 

#### **ANNUAL GENERAL MEETING**



Virtually over Zoom — WEDNESDAY, JUNE 15, 2022, 6:30 p.m. Advance registration required by WEDNESDAY, JUNE 5, 2022 at midnight.

Submission of resolutions accepted no later than Sunday, June 5 at midnight.

To register, email agm@communityclinic.ca or phone 306-664-4265.

#### DIRECTOR AND COMMUNICATIONS COMMITTEE ELECTIONS

Members will elect three directors and one Communications Committee member. Registered members will receive ballots by email or text message during the meeting. If you do not have access to this technology, please phone 306-664-4265 by the registration deadline to discuss alternate options for voting.

#### Interested in running?

Visit <a href="https://www.saskatooncommunityclinic.ca/chsa-board-and-communications-committee-member-nominations/">https://www.saskatooncommunityclinic.ca/chsa-board-and-communications-committee-member-nominations/</a> or contact the board secretary at 306-664-4240. If we receive your biography seven days before the meeting, it will be included in the package sent to all registrants.

#### ANNUAL GENERAL MEETING CONT'D



#### **VOTING ELIGIBILITY**

Advanced registration is required to ensure ability to participate in voting. Each member will be entitled to one vote only and no member may vote by proxy. In cases where a member has a spouse or a spouse and dependents who are members (joint or family memberships), the spouse and any dependent who is 18 or older shall be entitled to vote and shall be eligible to be elected as a director. Please note, each eligible family member must register separately and have their own email address or cell number in order to vote during the meeting.

#### **RESOLUTIONS**

Resolutions MUST be submitted in writing by midnight on June 5 to be considered at the meeting. The resolutions will be included in the meeting package to give members the opportunity to read and consider the resolutions in advance.

To submit a resolution, please email agm@communityclinic.ca.

#### MEETING MATERIALS

Meeting materials are available seven days in advance and posted at: www.saskatooncommunityclinic.ca. Registrants will receive an email link to these materials. For more information, please contact the Member and Public Relations Department at 306-664-4265 or agm@communityclinic.ca.

#### **NEW SERVICE NOW AVAILABLE!**

New!

Book your **lab work** online at the Downtown Clinic saskatooncommunityclinic.ca.

Lab services join the list of other Downtown services also available for online booking

- Appointments with your own physician or a nurse practitioner
- Vaccine appointment with the Pharmacy
- Prescription refills

Available to active Community Clinic patients at the Downtown site with a Saskatchewan health card.



#### PAWS AND RELAX - THURSDAY MORNINGS AT DOWNTOWN CLINIC







The Downtown Clinic has resumed its weekly dog therapy visits with Buddy. Buddy loves being petted – just a friendly reminder to sanitize your hands before and after your visit. If you have concerns about our therapy dog, including allergies, please speak to one our staff so we can accommodate your needs.

It's well-known that pets have a paws-itive effect on the mental health of their owners and those around them. The simple act of petting and stroking a pet has been proven to help ease tensions and provide a calming effect that ultimately can improve our mental wellbeing.

#### **CELEBRATE 60 YEARS WITH US!**



This summer, the Community Health Services (Saskatoon) Association (CHSA) celebrates 60 years of co-operative healthcare, led by members and centred on the needs of the people we serve.

Join us at the **Downtown Clinic on July 5, 6 and 7 from 1 p.m.** and 4 p.m. each day for celebratory activities and to chat with other members, board directors and staff as we celebrate our successes and look to the future.

Or stop by the **Westside Clinic from 3 p.m. to 5 p.m. on July 14** for our anniversary family barbecue.

Hope to see you there!

## ANGIE FERGUSSON, SASKATOON COMMUNITY CLINIC FOUNDATION PRESIDENT CELEBRATES 70TH BIRTHDAY

Angie Fergusson recently celebrated her 70th birthday. She is an active supporter of the clinic and currently serves as president of the Saskatoon Community Clinic Foundation, a registered charity that invests in new programming, equipment, therapies, research and resources that improve the quality of healthcare for Clinic patients and the community.

Her friends surprised her by donating to the clinic, with 21 donations so far totalling nearly \$3000. Thank you, Angie and friends!

Interested in donating? Visit <a href="https://www.saskatooncommunityclinic.ca/how-to-donate/">https://www.saskatooncommunityclinic.ca/how-to-donate/</a> to learn more.



#### **UPCOMING EVENTS**

#### **JUNE 12-18**

#### 2022 SASKATOON PRIDE FESTIVAL



Recognizing, valuing, celebrating, and supporting Two Spirit, queer, lesbian, gay, trans, bi, and other gender and sexually-diverse people and their families.

Get involved with Saskatoon Pride: <a href="https://saskatoonpride.ca/">https://saskatoonpride.ca/</a>

#### **JUNE 21**

#### NATIONAL INDIGENOUS PEOPLES' DAY



NIPD is a day recognizing and celebrating the cultures and contributions of the First Nations, Inuit and Métis Indigenous peoples of Canada.

Learn more about this day: <a href="https://www.rcaanc-cirnac.gc.ca/eng/1100100013718/1534874583157">https://www.rcaanc-cirnac.gc.ca/eng/1100100013718/1534874583157</a>

#### JOIN US ON FACEBOOK



The Community Clinic is on Facebook! Follow and like our page, <u>Saskatoon Community Clinic Primary Care and Pharmacy</u>. Receive timely, regular updates about your Community Clinic, health education resources, job postings, and community announcements.

#### QUESTIONS OR REQUIRE FURTHER INFORMATION

Thank you for your ongoing support of the Saskatoon Community Clinic.



If you have any questions or require additional information about items discussed in this edition of the Saskatoon Community Clinic E-Newsletter, please contact Member and Public Relations at (306) 664-4243 or email member.relations@communityclinic.ca.

To unsubscribe to this newsletter please email member.relations@communityclinic.ca.

The Saskatoon Community Clinic respectfully acknowledges that we are situated on Treaty 6 territory and traditional lands of First Nations and Metis people.

Downtown Clinic 455 2nd Avenue North 306-652-0300 Westside Clinic 1528 20th Street West 306-664-4310