



# Saskatoon Community Clinic

## E-Newsletter

April 2019

Volume 9 Number 1

### **PATIENTS, FAMILIES & CAREGIVERS: WE WANT TO HEAR FROM YOU!**

The Saskatoon Community Clinic, as part of its Lung Health services, invites you to participate in an upcoming conference as a voice of patients and caregivers who are affected by lung disease. The Lung Association, Saskatchewan is hosting the Inspired Breathing Conference at the Saskatoon Inn in May.

This event will bring together patient voices, family physicians, respiratory specialists, allied respiratory health care professionals and respiratory educators to learn together and to network with one another. During the conference, **two FREE forums for persons, families and caregivers affected by lung disease will be offered.** These forums will run concurrently from **2:15 – 4:00 pm** on **Saturday, May 25** at the Saskatoon Inn.

#### **Lung Health Patient Engagement Forum**

This forum is an opportunity for patients to share their stories and voice their experiences on living with lung disease in Saskatchewan. This forum will be facilitated by the Lung Association's Senior Leadership Team, along with key experts in lung health.

#### **Parents & Caregivers of Children with Asthma Forum**

This forum will provide information and an opportunity to ask questions about caring for children with asthma. It will be facilitated by Certified Respiratory Educators who are leaders in the field of Pediatric respiratory care.

**To register** please visit the website [sk.lung.ca](http://sk.lung.ca) and click on the [Inspired Breathing Conference banner](#) on the homepage or contact Lori Kleiboer, Program Manager, Professional Education (Community Care) at [lori.kleiboer@sk.lung.ca](mailto:lori.kleiboer@sk.lung.ca) or 306.667.3007.

THE  LUNG ASSOCIATION™  
Saskatchewan

### **LUNCH AND LEARN: VACCINATIONS FOR SENIORS**

Stay out of the hospital by protecting yourself with vaccinations! Do you know which ones, and are you up to date?

**Speaker: Dr. Darren Chew, Saskatoon Community Clinic Family Physician**

Wednesday, April 24

12 noon – 1 pm

Mel Langer Building, 424 1<sup>st</sup> Avenue North



This is a 'Lunch and Learn' Event sponsored by the Community Clinic Seniors Advisory Council and the Counselling and Community Services Department. Lunch will be available at no cost and everyone is welcome to attend! Please RSVP to [lstone@communityclinic.ca](mailto:lstone@communityclinic.ca) or call 306.664.4282.

## SENIORS OF TOMORROW SPRING PROGRAM

Plan to attend the upcoming Seniors of Tomorrow Education Series, a drop-in health education program located in the **Mel Langer Building, 424 1st Ave North** on **Wednesdays from 2:00 – 4:00 pm**. Participants must supply their own transportation.

For more information click [here](#) or contact Counselling and Community Services at 306.664.4283.

Apr. 17	<p><b>Indigenous People &amp; Canada from the Past, Present, &amp; Future</b></p> <p>Randy has many years teaching the Cree language and First Nations Cultural knowledge and awareness on treaties, spiritual practices, environmental and natural knowledge as well as healing decolonization for Indigenous peoples.</p> <p><i>Randy Morin (Faculty Member), Department of Indigenous Studies, U of S</i></p>
May. 15	<p><b>Saskatoon Council On Aging (SCOA)</b></p> <p>The Saskatoon Council on Aging (SCOA) will be sharing who they are and what they offer. They are a non-profit organization that supports older adults (55+) to stay active, engaged and informed. SCOA provides an information hub, caregiver support, works for community change for an age-friendly city and advocates on issues that impact older adults.</p> <p><i>Virginia Dakiniewich, Fund Development &amp; Communication Coordinator, Saskatoon Council on Aging Inc.</i></p>

## IN MEMORY OF BETSY BURY

Founding member and community activist Betsy Bury passed away at the age of 96 on April 4, 2019. Betsy was a major player in the creation of Community Health Services Association, a group that would eventually become the Saskatoon Community Clinic. The Clinic was set up in response to the 1962 Doctors' strike, where physicians tried to force the Provincial government to end its universal medical insurance program. The Clinic provided care for everyone who asked for it and was seen as a factor in the end of the strike. Later in 1968, she took on the role of Member Relations Officer and Patient Ombudsman until her retirement in 1988. She continued as an active and engaged member. Her accomplishments were many but were always forward thinking championing patient involvement and health promotion and prevention. Her work raising funds to build our Second Avenue building created a stable environment enabling the Association to grow and develop services that have supported tens of thousands of Saskatchewanians over the years. A profile of Betsy was published in the Winter 2017 Focus newsletter when she was awarded the [Governor General's Persons Award](#). The Board and staff express our sympathies to Betsy's family and friends. She will be deeply missed. Her family has asked for donations to be made in her memory to the [Saskatoon Community Clinic Foundation Inc.](#)



## VOLUNTEERS NEEDED

The Community Clinic is seeking **volunteers** to assist in the following areas:

- **Seniors Programs**
- **Planting of perennials at Downtown Clinic**
- **Annual Meeting Support**
- **Archival Display Assistant**

**Volunteers**  
**MAKE IT HAPPEN**

Contact Member Relations at 306.664.4265 or [member.relations@communityclinic.ca](mailto:member.relations@communityclinic.ca) for more information.

## CO-OP CAMP OPPORTUNITY: LEARN - ADVENTURE - CONNECT



The Saskatoon Community Clinic has sponsorships available for Co-op Camp.

What is Co-op Camp? Officially known as the Saskatchewan Co-operative Youth Program or SCYP is a series of four- and five-day residential summer camp sessions held in July and August. The curriculum is specially designed for youth ages 12 to 18 to: meet new people; develop leadership skills; learn more about co-operatives; how to get involved in the community; and participate in a memorable summer experience.

For more information visit the [Saskatchewan Co-operative Association Youth Co-op Camp website](http://Saskatchewan Co-operative Association Youth Co-op Camp website). If you or a family member is interested in a sponsorship contact Member Relations at 306.664.4265 or [member.relations@communityclinic.ca](mailto:member.relations@communityclinic.ca).

## INVEST IN THE FUTURE OF YOUR HEALTH CARE CO-OPERATIVE

Your gifts to the Saskatoon Community Clinic Foundation are invested in programs, equipment, therapies, research and resources that improve the quality of health care for members and the community.

You can donate in person, at reception, by mail, or online at [canadahelps.ca](http://canadahelps.ca). Your donation will be recognized in our newsletter *Focus*, can be made in memory of another and an Income Tax receipt is issued. Monthly gifting and planned gifts are also always welcomed.



**Thank you to all for your support of our Foundation!**

## FOCUS SPRING 2019 NEWSLETTER NOW AVAILABLE ON OUR WEBSITE

The [Spring 2019 Focus newsletter](#) is now available on our website at under Publications.

Stories include:

- Mental Health Funding Enhancements Needed
- Managing your Blood Pressure
- Semi-annual Members Meeting Report
- HIV Research Project Results
- And more!



## QUESTIONS OR REQUIRE FURTHER INFORMATION

Thank you for your ongoing support of the Saskatoon Community Clinic.

If you have any questions or require additional information about items discussed in this edition of the **Saskatoon Community Clinic e-news**, please contact **Member and Public Relations at 306.664.4265**, or email [member.relations@communityclinic.ca](mailto:member.relations@communityclinic.ca).

To unsubscribe to this newsletter please email [member.relations@communityclinic.ca](mailto:member.relations@communityclinic.ca).



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